

Sunny J. Harris

Pillars of a Profitable Trading Plan

3pm PT / 5 pm ET

Slides Posted on MoneyMentor.com
(Appearances)

My Passion is Helping Beginners

- And Intermediate Traders
- This talk is for:
 - Traders who have not yet become **Wildly Successful**
 - People who have **not traded much and want to learn**
 - Folks who want to **improve trading results**
- I Love to Teach / Mentor & Consult
- Give Me a Call (**1-760-908-3070**)

DISCLAIMER

IMPORTANT: THE RISK OF LOSS IN TRADING STOCKS, FUTURES, OPTIONS, CASH CURRENCIES AND OTHER LEVERAGED TRANSACTION PRODUCTS CAN BE SUBSTANTIAL. THEREFORE ONLY "RISK CAPITAL" SHOULD BE USED. STOCKS, FUTURES, OPTIONS, CASH CURRENCIES AND OTHER LEVERAGED TRANSACTION PRODUCTS ARE NOT SUITABLE INVESTMENTS FOR EVERYONE. THE VALUATION OF STOCKS, FUTURES, OPTIONS, CASH CURRENCIES AND OTHER LEVERAGED TRANSACTION PRODUCTS MAY FLUCTUATE AND AS A RESULT CLIENTS MAY LOSE MORE THAN THE AMOUNT ORIGINALLY INVESTED AND MAY ALSO HAVE TO PAY MORE LATER. CONSIDER YOUR FINANCIAL CONDITION BEFORE DECIDING TO INVEST OR TRADE.

ALL RESULTS SHOWN ARE HYPOTHETICAL, NOT ACTUAL RESULTS.

HYPOTHETICAL PERFORMANCE RESULTS HAVE MANY INHERENT LIMITATIONS, SOME OF WHICH ARE DESCRIBED BELOW. NO REPRESENTATION IS BEING MADE THAT ANY ACCOUNT WILL OR IS LIKELY TO ACHIEVE PROFITS OR LOSSES SIMILAR TO THOSE SHOWN. IN FACT, THERE ARE FREQUENTLY SHARP DIFFERENCES BETWEEN HYPOTHETICAL PERFORMANCE RESULTS AND THE ACTUAL RESULTS ACHIEVED BY ANY PARTICULAR TRADING PROGRAM.

ONE OF THE LIMITATIONS OF HYPOTHETICAL PERFORMANCE RESULTS IS THAT THEY ARE GENERALLY PREPARED WITH THE BENEFIT OF HINDSIGHT. IN ADDITION, HYPOTHETICAL TRADING DOES NOT INVOLVE FINANCIAL RISK, AND NO HYPOTHETICAL TRADING RECORD CAN COMPLETELY ACCOUNT FOR THE IMPACT OF FINANCIAL RISK IN ACTUAL TRADING. FOR EXAMPLE, THE ABILITY TO WITHSTAND LOSSES OR TO ADHERE TO A PARTICULAR TRADING PROGRAM IN SPITE OF TRADING LOSSES ARE MATERIAL POINTS WHICH CAN ALSO ADVERSELY AFFECT ACTUAL TRADING RESULTS. THERE ARE NUMEROUS OTHER FACTORS RELATED TO THE MARKETS IN GENERAL OR TO THE IMPLEMENTATION OF ANY SPECIFIC TRADING PROGRAM WHICH CANNOT BE FULLY ACCOUNTED FOR IN THE PREPARATION OF HYPOTHETICAL PERFORMANCE RESULTS AND ALL OF WHICH CAN ADVERSELY AFFECT ACTUAL TRADING RESULTS.

DISCLAIMER

Past performance is not a predictor of future results.

All investing involves risk of loss and individual investments may vary. The examples provided may not be representative of typical results.

Your capital is at risk when you invest — you can lose some or all of your money.

Never risk more than you can afford to lose.

For more details, see our full disclosures and details.

If I could give you one piece of advice, I would discourage you from trading.

Hi! I'm Sunny Harris

- Today I am going to tell you how I create a Strategy
- I'll tell you how I analyze charts
- I'll you how to design and test a Strategy
- I'll teach you how to optimize
- I'll also show you several of my indicators that govern my trading

I am a Professional Trader

- And have been for 44 years
- I trade Futures, Stocks & Crypto
- I do not trade Options.
- I'll tell you a bit about myself, and
- Show you how I trade

I am a Professional Trader

- I have been a professional trader
- Since 1981
 - through the 41% crash of 1987 (short)
 - the 38% crash of 2000 (short)
 - the 52% crash of 2007-2008(short)
 - as well as the 38% Covid crash (short)
 - ... and the coming one

What I Trade

- S&P 500 futures contract
 - 1 min & 5 min charts
 - It's said to be
The Most Difficult market to trade
 - I've been doing it for 44 years
- Long-term stock holdings
 - A week or more
- And a little bit of crypto currencies

FREE Stuff

- You can get for **FREE** by Signing up for one *free live trading session with me* (text “**TAWS-1**” to **1-760-908-3070**)
- Where I explain what my Indicators are telling me
- Tell you what I’m thinking & watching
- Email me if you can’t find it sunny@moneymentor.com
- OR click above
- I will post a PDF of This Talk on my website (moneymentor.com) for members (Membership is FREE)
- FREE Podcast: [The Sunny Harris Show!](#)
- Substack: “Where is the Dow going from here?”

The Sunny Harris Show! with Sam Tennis

- Free Podcast featuring the Legends in Trading
- www.moneymentor.com/podcast.html
 - Larry Williams
 - Jake Bernstein
 - Steve Nison
 - Linda Raschke
 - Dr. Alexander Elder
 - Cynthia Kase
 - Sherman McClellan
 - Carolyn Boroden
 - Greg Morris
 - John Bollinger
 - ...and 42 more

MoneyMentor.com



Education is NOT Expensive; Lack of Education IS!

SunnyC

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Master the Art of Trading

Learn Everything You Need to Become a Professional Trader/Investor Now!

- **FREE Trial** of **Sunny's Indicators**
- **FREE PDF** "Trading as a Business"
- **Join our Happy Half Hour!** Network with Other Traders for Free! 4th of every month [Click Here](#)
- **ANNOUNCING** the Long-Awaited **MetaStock** version of **SunnyBands, Slope & DMA_H**. [Click Here to Order or Get a Free Trial.](#)
- **LINKS TO:** [Live Demo](#) and [Video of Live Trading Room](#). AND the Free [Happy Half Hour](#), monthly on the 4th.
- **Live Trading Room** EVERY trading day. [Subscribe](#). OR come to the [Wednesday meeting with a Free Guest Pass](#).
- **Live Trading Room TIME CHANGE** - the 9:00am PT "Trade Along with Sunny" (TAWS) will now begin at **7:30am PT**.

Quick Overview

#1 Trader
TWICE
With 365.4%
and 178% profit

Using **SunnyBands**
and my **DMA**
(Dynamic Moving
Average)

EQUITY-BASED CTA RANKING

Top 100 Most profitable CTAs for 1994 managing under \$10 Million

Advisor Name and Group Rank	VAMI Return	Overall Rank	Equity Return	Overall Rank	Net Profit (Millions \$)
1 Roark International, Ltd.	365.5%	1	181.2%	1	0.04
2 KMJ Capital Management (Diversified)	64.7%	11	152.2%	2	4.97
3 Saxon Investment Corporation (Aggressive Diversified)	142.1%	2	137.6%	3	2.00
4 Templeton Futures Ltd.	94.6%	4	107.4%	4	0.07
5 Dennis J. Minogue, CTA	15.0%	81	86.2%	5	0.04
6 Grossman, Gerald	96.7%	3	77.7%	6	0.68
7 Bonanza Capital Management	54.8%	17	69.6%	7	1.02
8 Tucson Asset Management (Double Leverage)	72.7%	9	62.8%	8	0.03
9 PanPacific Trading Company	78.5%	7	60.7%	9	0.09
10 Daniel R. Meyer	75.0%	8	59.2%	10	0.28
11 DGM Commodity Corporation (Cotton Trading Partners)	82.7%	6	58.9%	11	1.08
12 Saxon Investment Corporation	63.9%	12	57.7%	12	1.25
13 Capital Asset Management	54.5%	18	56.0%	13	0.34
14 Three Crown Capital Partners	27.1%	48	49.5%	14	0.69
15 Beacon Management Corp. (Short Term)	51.6%	20	44.8%	16	0.35
16 Albert Azouvy Management	54.6%	18	44.8%	17	0.17
17 HB Capital Management, Inc.	55.4%	18	44.8%	18	0.61
18 EC Futures	37.9%	29	43.6%	19	1.47
19 Newbreed Capital Management	56.8%	15	42.4%	20	0.02
20 Travel Currency Management	94.5%	5	40.7%	21	0.27
21 Merchant Group, Inc.	51.4%	21	40.7%	22	1.46
22 Dreier Research Corporation	38.1%	27	40.4%	23	0.29
23 Di Tomasso Group Inc.	71.2%	10	38.5%	24	0.70
24 Motif Trading Corporation	34.9%	34	33.1%	28	0.04
25 Ralithel Investments, Inc.	35.2%	33	30.4%	30	0.15
26 Atlas Capital Management	31.6%	40	28.2%	33	0.75
27 GIC Asset Management (Long-term)	37.8%	30	27.6%	35	0.18
28 Thomas Dreile Ltd.	32.6%	39	26.5%	36	1.95
29 Wizard Trading, Inc. (Currency Portfolio)	18.4%	70	26.3%	38	0.18
30 DGM Trading Specialists	30.9%	41	26.0%	39	0.32
31 Fritz, John	29.0%	46	25.8%	41	0.17
32 Marketvaet, Inc.	42.3%	24	25.1%	43	0.43
33 Tamrah Commodities Ltd. (Diversified Program)	7.6%	143	24.6%	45	0.30
34 Tucson Asset Management (Normal Leverage)	27.5%	48	24.5%	46	0.03
35 George Moldenhauer	47.1%	23	24.3%	48	0.03

Trade Along with Sunny

- [Daily Live Trading Room](#)
- 7:30am PT every trading day
- 1 hour
- 482% UP for 2024 - in just 1 hour / day
- Up 123% so far for 2025

Credentials

- Grew up “dirt poor” in Appalachia
- BA, MS, PhD Mathematics, AA TeleCommunications (after I retired), business & programming courses at Stanford, Wharton and UCLA (and more)
- 56 years programming
- 44 years trading
- Systems Programmer for Lockheed
- A Founder of ISSCO - world’s leader in computer graphics software (Harvard Graphics)
- Retired at 30
- Gave my millions to money managers (they lost \$75k in 3 weeks)
- Taught myself to trade through reading 117 related books (now I’ve read 747)
- Did not enter a single trade for the first year of watching the market
- “Traders’ Catalog & Resource Guide” monthly magazine for 8 years

Credentials

- 6 Best Selling Trading Books
 - “Trading 101—How to Trade Like a Pro”,
 - “Trading 102—Getting Down to Business”,
 - “Electronic Day Trading 101”,
 - “Getting Started in Trading”,
 - “TradeStation Made Easy!”
 - (and “Going Vegan!” with Linda Blair)
 - “Using EasyLanguage 9.x” with Murray Ruggiero
- And Now (2 vols) “[The Definitive Guide to TradeStation’s EasyLanguage & OOEL Programming](#)” (with Samuel K. Tennis)
- Articles for
 - “Stocks & Commodities”
 - “Futures”
 - “Active Trader”
 - “TradersWorld”
 - eSignal Newsletter
 - Trading On Target newsletter
 - “Modern Trader”
 - “Omega” Magazine
 - and more ...

Author & Programmer



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About Sunny Harris

- Critical Acclaim:
 - *Technical Analysis of Stocks & Commodities* magazine -
Top 10 Consultants
 - *Technical Analysis of Stocks & Commodities* magazine -
Top 10 Courses & Seminars
 - #1 Top trader rated by Stark Research
- Memberships:
 - Market Technicians' Assn
 - CMT Association
 - DayTraders USA
 - Market Analysts of Southern California
 - Society of Technical Analysts

Quips & Quotes

"3 trades, all green. I am beginning to see the consistency of SunnyBands." - B. D.

"The longer I work with you the more I recognize the depths of your knowledge." - M. P.

"My name is Rob, I have seen you in a couple of YouTube video interviews. I have enjoyed them greatly. I appreciate your taking the time to do those video interviews, very inspiring." - Rob S.

"That ['Trade Along with Sunny'] was like watching the most incredible soccer game...so close yet nooo!!! Then SCORE!!! only to have off sides called! All with a mix of watching paint drying. Thank you! It made me realize how mentally tough what you do is. And more than just a pretty virtue patience is profit. My wife is a Sign Language Interpreter and talks about how being in the 'Hot Seat' is so much more intense than watching and critiquing a 'signer' from the audience." -Mike B.

"Thank you for being so generous to me Sunny. I appreciate it." -T. N.

"I have had a good run with trading over the past three years...300k is now 1mil!" - *Tim A.* [He has been using SunnyBands since 2021.]

A Special Quip

- "Well, I just want to say the I LOVE them !!!! (your bands)....I've torn apart Bollinger Bands, Keltner etc, etc... and NOTHING comes CLOSE to what YOU have created.... :-) I've talked to CMT's who've said "oh yeah.... they're just Bollies".....and I almost spit out my coffee! I've watched your videos where you are walking a new customer through their use... and I "got it all" (understood)... the "turns" are RIGHT THERE!.... Bollies are too general....and Keltner which Rashke says she likes....are only a hair better than Bollies.... YOURS blows both of them away.....of course YOU already know that." - *Marius V.*

My Facebook Page



Sunny Harris

Trading & Investing since 1981.

EasyLanguage. Author of 5 books, including "TradeStation Made Easy!"

Friends 2340

Photos

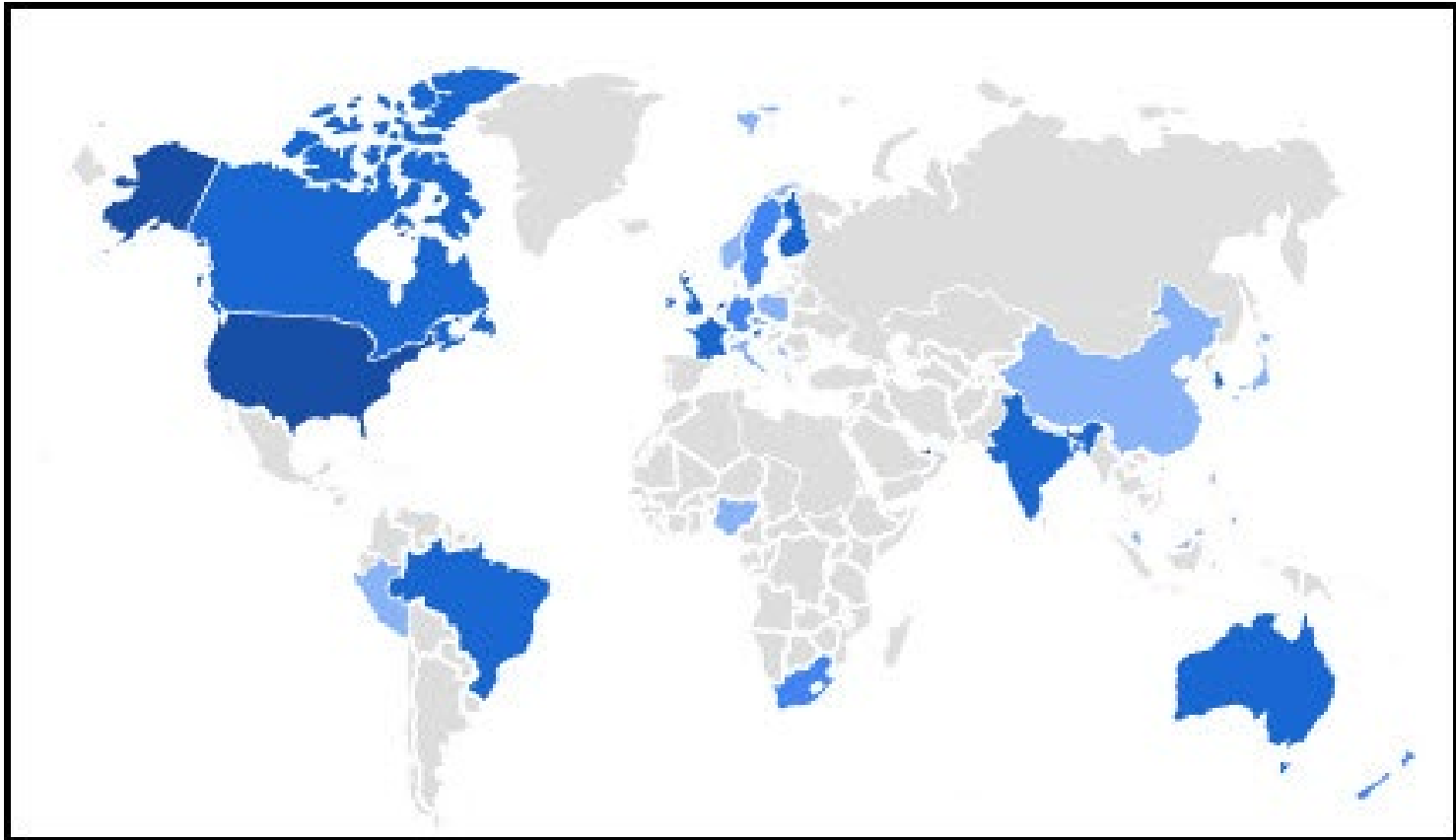
Videos

www.moneymentor.com

Accessing My Predictions

- If you go to [Facebook](#) and look for [Sunny Harris](#) you'll see where I post my **FREE** market predictions as I see them
- You can Also view the PDF of this (and other) presentations on moneymentor.com/appearances.html
- I post several times a week on [Substack](#). “Where’s the Dow going from here?”

Clients All Over the World



Making a 6-figure Income

- These Next Slides
- Are probably the **MOST IMPORTANT**
- Slides in the whole Presentation
- Do this for yourself, with your own goals

Have a Goal & a Plan

- Without a GOAL
- And a PLAN
- You won't get to your destination

- There's an old joke that goes: "Do you know how to make a million dollars in the stock market?" The answer is "Start with two million." That old joke is not so far off.
- Let me be the first to tell you that trading is a very difficult proposition. Most people lose money doing it. Very, very few traders are successful. And even fewer are successful year after year.
- Only trade with money you can afford to lose

How to Make a 6-Figure Income

- \$120,000 / year
- \$120,000 / 12 months = \$10k/mo
- \$10k/mo / 20 days = \$500/day
- 5 trades @ \$100 each!
- There is Usually between \$1,000 - \$3,500 Per Day Potential in the S&P (going both Long and Short—1 contract)

Making a 6-figure Income

- Then
- Do What It Takes
- Stay up late
- Get up early
- Sit and watch the monitor
- Stay away from the news and read your charts

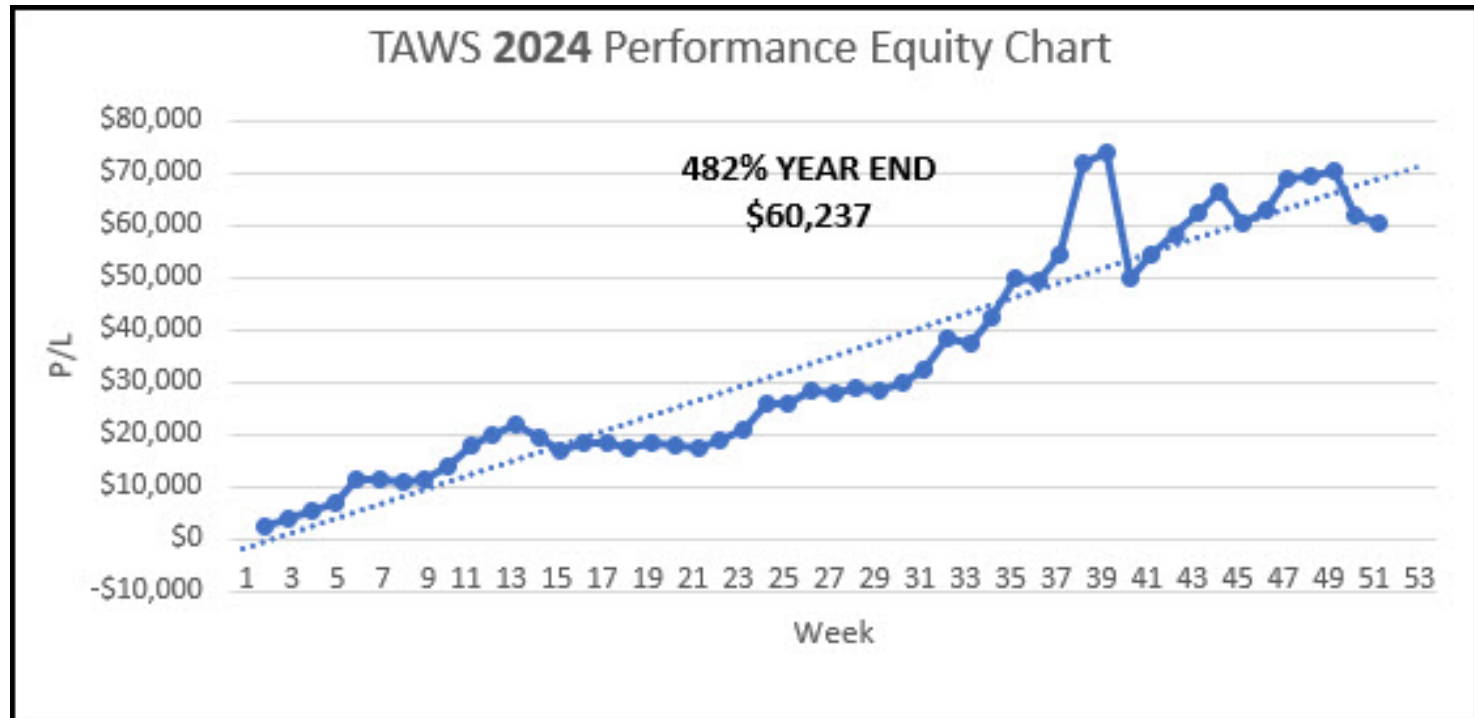
Part of Your Plan

- You must Dance with the Market
- Sometimes there are only 3 moves
- Sometimes only 1 (trendier)
- Don't try to take something that is not there
- Keep a chart/goal of your income
- Focus on the present

The Next Part Is

- Create a Strategy (Plan)
- Test the Strategy
 - By hand or by code
- Prove the Strategy
- Call me if you don't know how to do this

482% per year



Designing Your Own

- I am going to show you the steps to designing and testing your very own Strategy

What is a System/Strategy

- Rules
- Map
- Guideline
- Recipe
- Strategy
- Takes the emotion out of trading
- Peanut Butter sandwich Specifics

Why Do I Need One?

- While speed and instinct often steal the spotlight in real-time trading
- A well-built system is the true foundation of consistency under pressure.
- Behind every fast execution is a **strategy** that's been rigorously tested, fine-tuned, and trusted to perform—especially when markets move fast.

Does It Work?

- In so far as a system is concerned, for this presentation, “works” means “makes a profit.”
- It could mean simply that the system places buy and sell arrows on a chart.
- That is also a valid definition for “works.”
- But, for me, I use the term “works” to signify a profitable system.

Before we visit that...

- Let's will view a few charts
- To see if they are trading candidates
- How much money is on that chart?
- What would your hourly wage be?
- Is it worth trading?

Catching Highs and Lows

- It is physically and emotionally impossible to catch all the highs and lows.
- If someone tells you they can do it, run for the hills. They are lying.
- The best you can do in the market is like the best you can do in golf. Yes, you might make a hole-in-one once, or maybe even twice in a lifetime. But, not more than that.
- And most people never make a hole-in-one. But the golf pros still make a good living at it. And, if you set your sights right, you can make a good living at trading, too.

No Prescience

- We all look at the Hard Right Edge of the forming chart
- We don't have “future” data
- We don't know where the market is going
- There are no "future-predicting indicators
- We need to ask “**what is true**” all the time
- With every new bar

Plan Ahead

- Without a plan, you won't get there.
- You must have a system.
- Even if it is just your recipe written down on a piece of paper, you must have it.
- Otherwise, you are just guessing.

How Much Per Year?

- If you want to make a million dollars in a year, you need to break this down into achievable milestones.
- To make sense of just how much money a million dollars is, let's first divide it by 12 months.
- So, $\$1,000,000 / 12 = \$83,333.33$ per month. Now, how much is that per week?

Breaking It Down

- Now, how much is that per week?
- Let's divide by 4.33 weeks in a month.
- Thus, $\$83,333.33 / 4.33 = \$19,245.57$ per week.
How about days now?
- Let's divide by 5 days in a week.
- And $\$19,245.57 / 5 = \$3,849.11$ per day.
- Now it is achievable and makes down-to-earth sense.
- To make a million dollars a year, we must make $\$3,849.11$ per day. Every day.

You Can Do It

- Let's say you don't think you can achieve a million dollars a year.
- Then do the same process with \$100,000 per year.
- That's still a great achievement.
- I'll leave the calculations to you.
- It's a Very Important exercise.
- Email me your daily numbers.

Let's Find a Chart

- How much money is available on this chart?
- To calculate it by hand
 - Yellow Highlight all significant turning points
 - Notate each with the Price at that level
 - Add/Subtract the numbers at each short and long turn
 - Total up the Ideal profits



OR

Doing it Automatically

- Use an Indicator called
- Potential Hourly Wage (PHW)
- The Goal is to make more than minimum wage
- At 5 \$100 trades and 6.5 hours in a market day, is \$77 per hour!

Yellow Dots = PHW

- Let's talk about PHW
- **Potential Hourly Wage**
- Can you make more by Trading
- than by working for an hourly wage?
- The Dots are at the Ideal turning points
- Of course, we can't be perfect
- So, I take 60% of the Ideal as a goal

Optimization

- Finding the most Profitable Input Values
- Test every combination of variables from m to n
 - 8 to 9 to 10 to ... 21
 - And then in combination with
 - 15 to 16 to 17 to ... 55
- That's a lot of tests
- 574 of them actually

PHW Yellow Dots



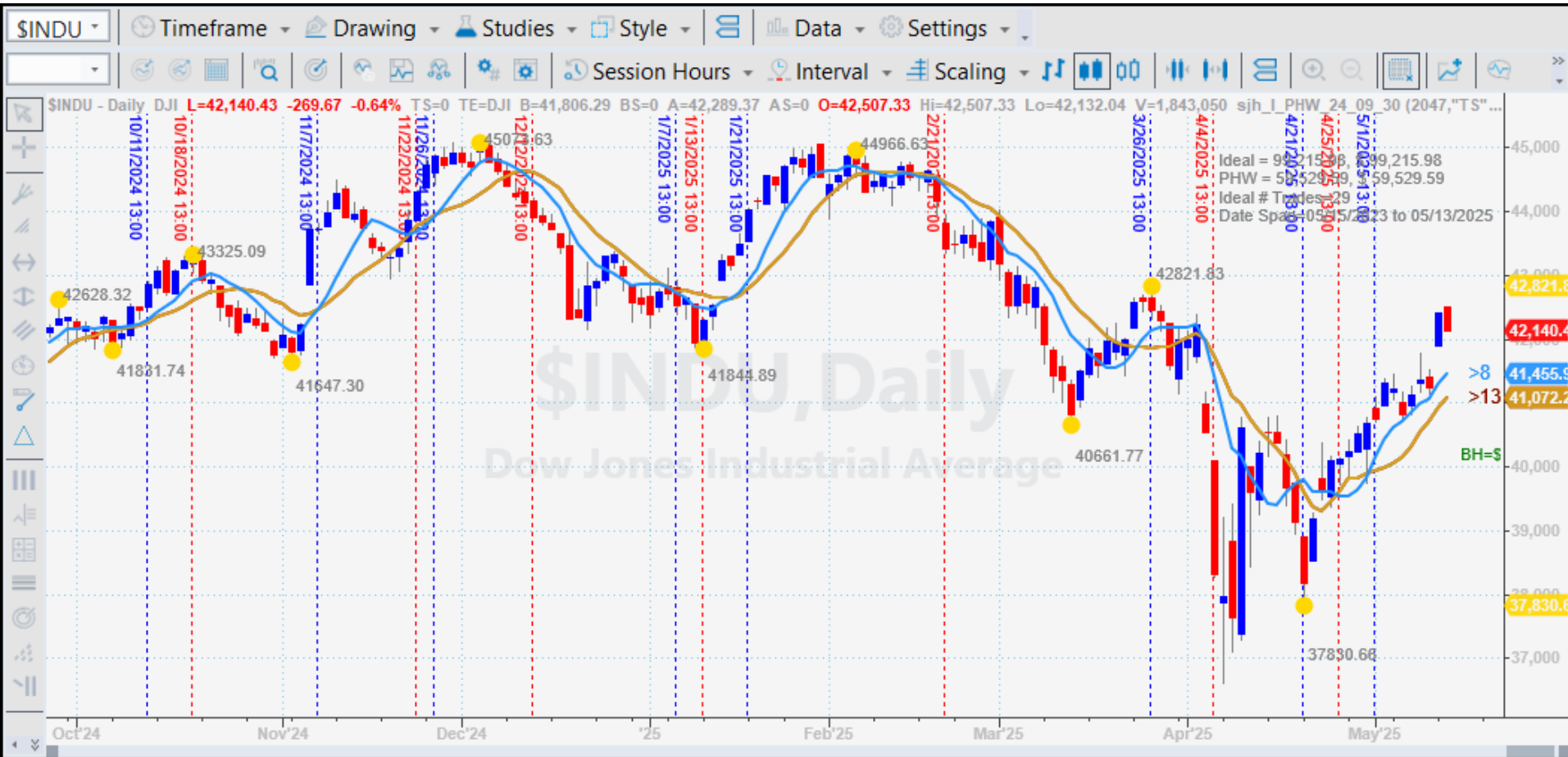
Let's Go Back

- And look at “What is True?” on the same chart I just showed you
- Where are the MAV crossovers
- VS the yellow dots?
- Where are the vertical lines vs the crossovers of the MAVs?

Red = Short; Blue = Long (21,55)



Let's try Different Lengths: (8,13)



Let's Do It with TradeStation

- That would be a lot of patient work
- If done by hand and calculator

Let's Write Code & Test

INPUTS:

```
    fastlength( 21 ),  
    slowlength( 55 )  
    ;
```

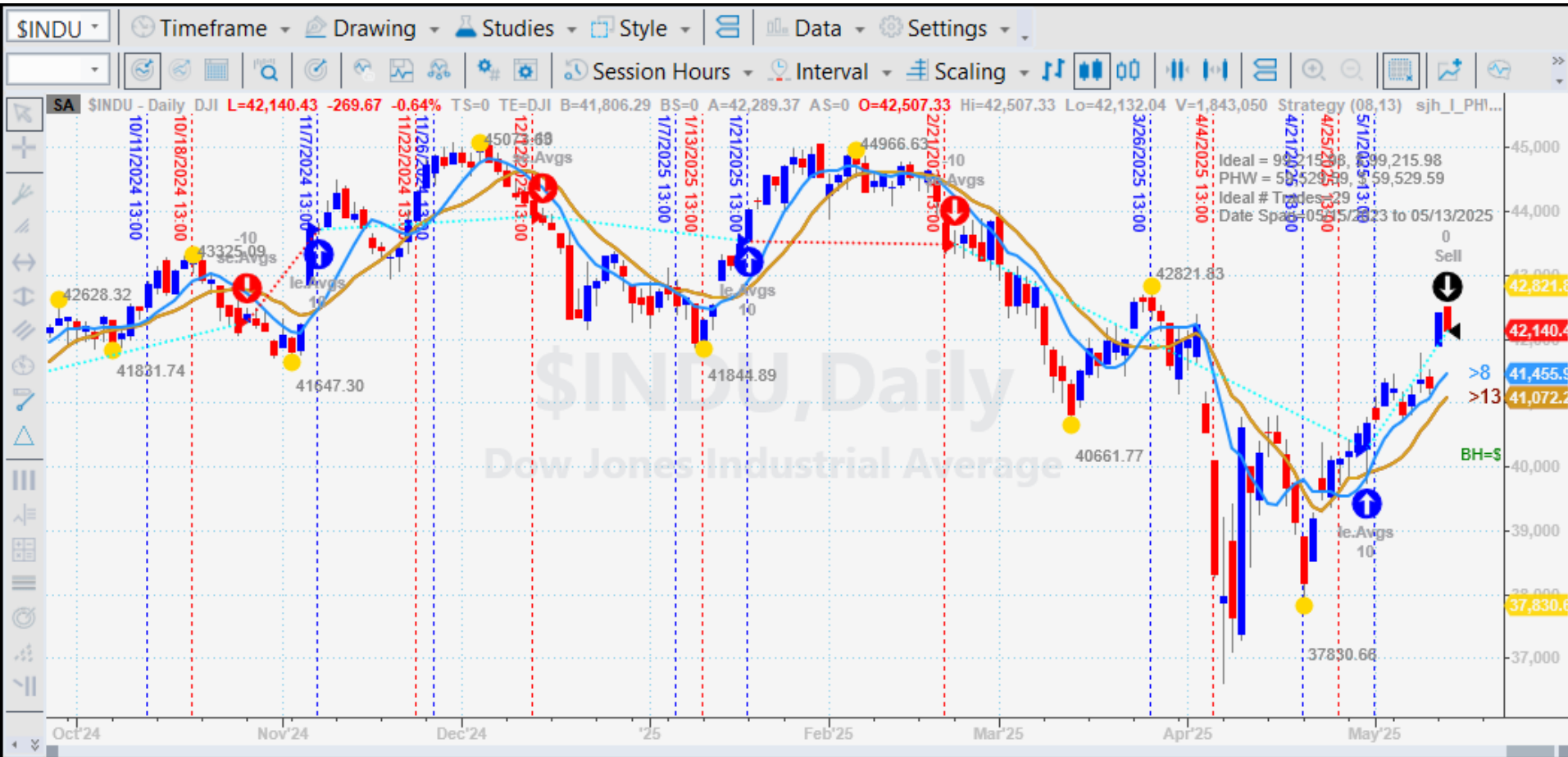
If Average(C, fastlength) Crosses Over Average(C,
slowlength)

Then BUY next bar at market ;

If Average(C, fastlength) Crosses Under Average(C,
slowlength)

Then SELL SHORT next bar at market ;

Strategy on Chart



Performance Summary

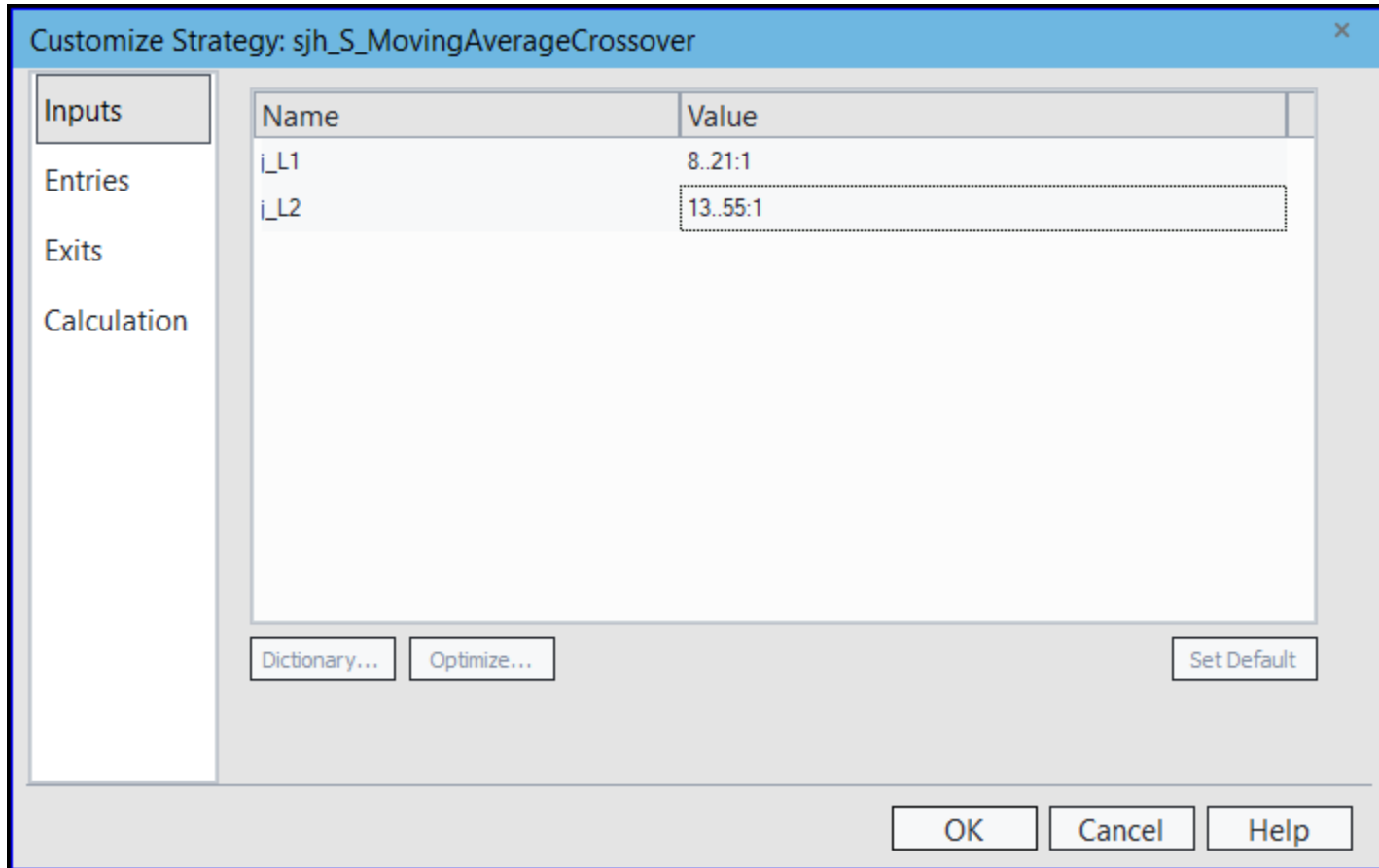
TradeStation Performance Summary

	All Trades	Long Trades	Short Trades
Total Net Profit	\$54,919.80	\$60,832.20	(\$5,912.40)
Gross Profit	\$130,053.40	\$83,683.00	\$46,370.40
Gross Loss	(\$75,133.60)	(\$22,850.80)	(\$52,282.80)
Profit Factor	1.73	3.66	0.89
Roll Over Credit	\$0.00	\$0.00	\$0.00
Open Position P/L	\$0.00	\$0.00	\$0.00
Select Total Net Profit	\$54,919.80	\$60,832.20	(\$5,912.40)
Select Gross Profit	\$130,053.40	\$83,683.00	\$46,370.40
Select Gross Loss	(\$75,133.60)	(\$22,850.80)	(\$52,282.80)
Select Profit Factor	1.73	3.66	0.89
Adjusted Total Net Profit	(\$11,899.33)	\$10,353.91	(\$50,441.96)
Adjusted Gross Profit	\$84,072.58	\$41,841.50	\$23,185.20
Adjusted Gross Loss	(\$95,971.91)	(\$31,487.59)	(\$73,627.16)
Adjusted Profit Factor	0.88	1.33	0.31
Total Number of Trades	21	11	10
Percent Profitable	38.10%	36.36%	40.00%
Winning Trades	8	4	4
Losing Trades	13	7	6
Even Trades	0	0	0
Avg. Trade Net Profit	\$2,615.23	\$5,530.20	(\$591.24)

How Does My Strategy Compare?

- Cardinal Profitability Constructs
- CPC Index
- $(\text{Profit Factor}) * (\text{Percent Profitable}) * \text{Ratio Avg Win} / \text{Avg Loss}$
- In this case it's $(1.73) * (0.381) * (2.81)$
- Which comes to $\text{CPC} = 1.85$
- $[> 1.2]$

Here's What It Looks Like



Optimized Performance Summary

TradeStation Performance Summary			
	All Trades	Long Trades	Short Trades
Total Net Profit	\$62,162.80	\$64,453.70	(\$2,290.90)
Gross Profit	\$119,425.90	\$78,739.90	\$40,686.00
Gross Loss	(\$57,263.10)	(\$14,286.20)	(\$42,976.90)
Profit Factor	2.09	5.51	0.95
Roll Over Credit	\$0.00	\$0.00	\$0.00
Open Position P/L	\$0.00	\$0.00	\$0.00
Select Total Net Profit	\$62,162.80	\$64,453.70	(\$2,290.90)
Select Gross Profit	\$119,425.90	\$78,739.90	\$40,686.00
Select Gross Loss	(\$57,263.10)	(\$14,286.20)	(\$42,976.90)
Select Profit Factor	2.09	5.51	0.95
Adjusted Total Net Profit	\$851.67	\$18,694.77	(\$44,122.35)
Adjusted Gross Profit	\$77,202.47	\$39,369.95	\$20,343.00
Adjusted Gross Loss	(\$76,350.80)	(\$20,675.18)	(\$64,465.35)
Adjusted Profit Factor	1.01	1.90	0.32
Total Number of Trades	17	9	8
Percent Profitable	47.06%	44.44%	50.00%
Winning Trades	8	4	4
Losing Trades	9	5	4
Even Trades	0	0	0
Avg. Trade Net Profit	\$3,656.64	\$7,161.52	(\$286.36)

How Does My Strategy Compare?

- Cardinal Profitability Constructs
- CPC Index
- $(\text{Profit Factor}) * (\text{Percent Profitable}) * \text{Ratio Avg Win} / \text{Avg Loss}$
- In this case it's $(2.09) * (0.4706) * (2.35)$
- Which comes to $\text{CPC} = 2.31$
- [$>> 1.2$]

Let's Do This on Other Symbols

- MACD (Moving Average Convergence Divergence)
- Again, fastlength and slowlength
- Optimization

MACD on \$INDU

- What Is True?
- Entries on Crossover calculated with fastlength & slowlength

What Is True?



TradeStation Performance Summary

	All Trades	Long Trades	Short Trades
Total Net Profit	(\$58,716.90)	(\$7,331.20)	(\$51,385.70)
Gross Profit	\$115,985.00	\$70,471.20	\$45,513.80
Gross Loss	(\$174,701.90)	(\$77,802.40)	(\$96,899.50)
Profit Factor	0.66	0.91	0.47
Roll Over Credit	\$0.00	\$0.00	\$0.00
Open Position P/L	\$26,093.80	\$26,093.80	\$0.00
Select Total Net Profit	(\$58,716.90)	(\$7,331.20)	(\$51,385.70)
Select Gross Profit	\$115,985.00	\$70,471.20	\$45,513.80
Select Gross Loss	(\$174,701.90)	(\$77,802.40)	(\$96,899.50)
Select Profit Factor	0.66	0.91	0.47
Adjusted Total Net Profit	(\$127,949.55)	(\$58,560.57)	(\$97,637.57)
Adjusted Gross Profit	\$81,014.21	\$41,701.45	\$25,159.41
Adjusted Gross Loss	(\$208,963.76)	(\$100,262.02)	(\$122,796.98)
Adjusted Profit Factor	0.39	0.42	0.20
Total Number of Trades	37	18	19
Percent Profitable	29.73%	33.33%	26.32%
Winning Trades	11	6	5
Losing Trades	26	12	14
Even Trades	0	0	0
Avg. Trade Net Profit	(\$1,586.94)	(\$407.29)	(\$2,704.51)

CPC Index

- CPC =
- $0.66 \times .2973 \times 1.57 = 0.3081$
- NOT > 1.2

- > 1,000,000
- Set it to
- Best Input
 - 3.80 x 0
 - = 3.61!
- Best value

TradeStation Performance Summary			
	All Trades	Long Trades	Short Trades
Total Net Profit	\$98,584.50	\$66,245.40	\$32,339.10
Gross Profit	\$180,082.40	\$122,860.60	\$57,221.80
Gross Loss	(\$81,497.90)	(\$56,615.20)	(\$24,882.70)
Profit Factor	2.21	2.17	2.30
Roll Over Credit	\$0.00	\$0.00	\$0.00
Open Position P/L	(\$36,242.00)	\$0.00	(\$36,242.00)
Select Total Net Profit	\$53,603.50	\$21,264.40	\$32,339.10
Select Gross Profit	\$135,101.40	\$77,879.60	\$57,221.80
Select Gross Loss	(\$81,497.90)	(\$56,615.20)	(\$24,882.70)
Select Profit Factor	1.66	1.38	2.30
Adjusted Total Net Profit	\$24,750.04	(\$7,394.93)	(\$416.59)
Adjusted Gross Profit	\$135,061.80	\$81,907.07	\$35,593.99
Adjusted Gross Loss	(\$110,311.76)	(\$89,302.00)	(\$36,010.58)
Adjusted Profit Factor	1.22	0.92	0.99
Total Number of Trades	29	15	14
Percent Profitable	55.17%	60.00%	50.00%
Winning Trades	16	9	7
Losing Trades	8	3	5
Even Trades	5	3	2
Avg. Trade Net Profit	\$3,399.47	\$4,416.36	\$2,309.94

Late Signals & Whipsaws

- **Whipsaw:** price/indicator is moving back and forth with no trend
- Losing money on both sides of a price swing
- That last chart was full of whipsaw
- Let's examine the Crossover Signals

Whipsaw is Dangerous

- During Whipsaw you lose the profit you had on the Trends
- Many years ago (39) I sat out to “cure” whipsaw
- To invent a moving average that nearly eliminates whipsaw
- It's my DMA (Dynamic Moving Average)

Whipsaw

- In my experience
- Whipsaw Eats up all the profit you made from the trends
- Signals (crossovers) are late
- A very lagging indicator

Dynamic MAV

- Rather than optimizing and accepting the whipsaw
- This moving average changes its inputs with every tick of the market
- And it stays out of the way
- Of most whipsaw

In all this time

- I have not optimized it
- Not changed the inputs
- Or re-programmed it
- The mathematics has never changed

SunnyBands

- The SunnyBands Indicator is an off-shoot of my **DynamicMovingAverage (DMA)** indicator. This one was designed to allow me to investigate the **Excursions from the DMA**, both favorable and adverse. The “bands” are Average True Ranges away from the DMA.
- **These bands are NOT like Bollinger Bands.** In Bollinger Bands, John uses **Standard Deviations** away from a **simple moving average**. Standard Deviations tell the market where it “should” go. And the simple moving average is the one with the most whipsaw.
- **My DMA is smooth and dances seamlessly with the market.**
- I use ATRs, which ask the market where it has been and is **going**.

DMA Is Unique

- With my **DMA** indicator, **three things are unique**.
- Primarily, the **DMA is unlike** anyone else's moving average.
- My DMA calculates its **own lengths dynamically** within the mathematics.
- Then, on top of that, the market moves about as much as it usually moves, which led me to use **Average True Range (ATR)** to measure how much it usually moves.
- Others have tried but none comes close

My Basic SunnyBands Rules

- When the market is going up (**blue** candles), gets above the UOB (Upper Outer SunnyBand), and turns **red**, and dips below the UOB
- I go short
- When the market is going down (**red** candles), gets below the LOB (Lower Outer SunnyBand), and turns **blue**, and pops above the LOB
- I go long
- There are more complex rules too

In the Same Amount of Time

- The Investor made \$168 per share*
- The Trader made \$299 per share*
- The DayTrader made \$610 per share*
- If you had started with 100 shares
- The Investor made \$16,800,
- The Trader made \$29,900 and
- The DayTrader made \$61,000

* Hypothetically

In the Same Amount of Time

- At a starting value of \$0.47 in 1981
- And current price of \$156
- The Investor made 399%
- Trader made 635% profit
- DayTrader made 1,296%
- That's why I am both a Trader & Investor

Is It Possible?

- Yes and No
- You can't catch ALL the Ideal moves
- According to my research I can only capture about 60% of each move when trading & that's what's reflected as PHW
- But the Investor must sit through long periods of scary negative markets
- While the Trader can go short

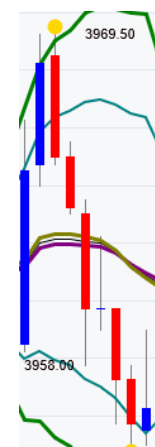
RULES

- Let's look at a little 4-page summary of the SunnyBands rules that I follow
- These are for Educational Purposes Only

SunnyBands Rules

BASIC RULES (Level I):

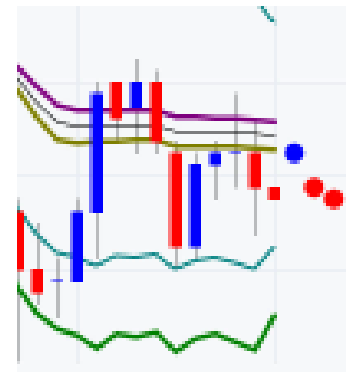
- I Enter **Long** when **Red** candles have been moving Downward and Touch the LOB and then Turn **Blue** and move back inside the LOB, if Price Confirms
- I Enter **Short** when **Blue** candles have been moving Upward and Touch the UOB and then Turn **Red** and move back inside the UOB, if Price Confirms



SunnyBands Rules

BASIC RULES (Level II):

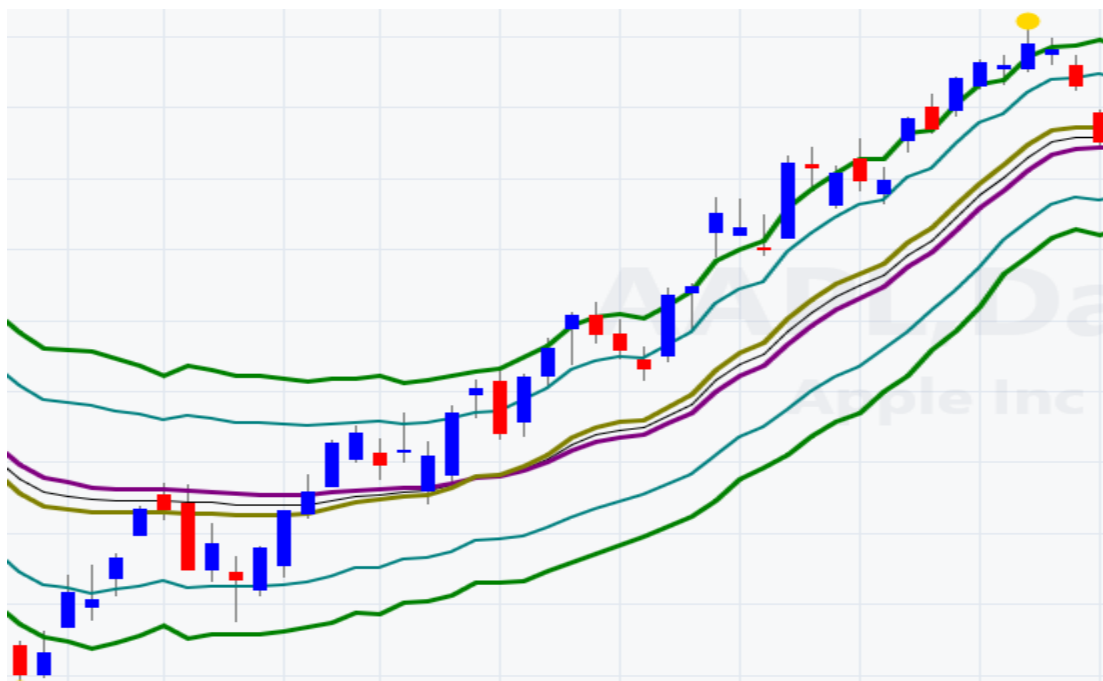
- If the DMA MidLine is “Flat” (the Angle is visually sideways)
- Then I don’t “expect” price to move very far beyond the MidLine
- And in fact, it often acts as a barrier to further movement



SunnyBands Rules

BASIC RULES (Level III):

- If **Gold** is on top & Positive Slope:
 - Stay long until the DMA (**Gold**) is penetrated



SunnyBands Rules

BASIC RULES (Level III):

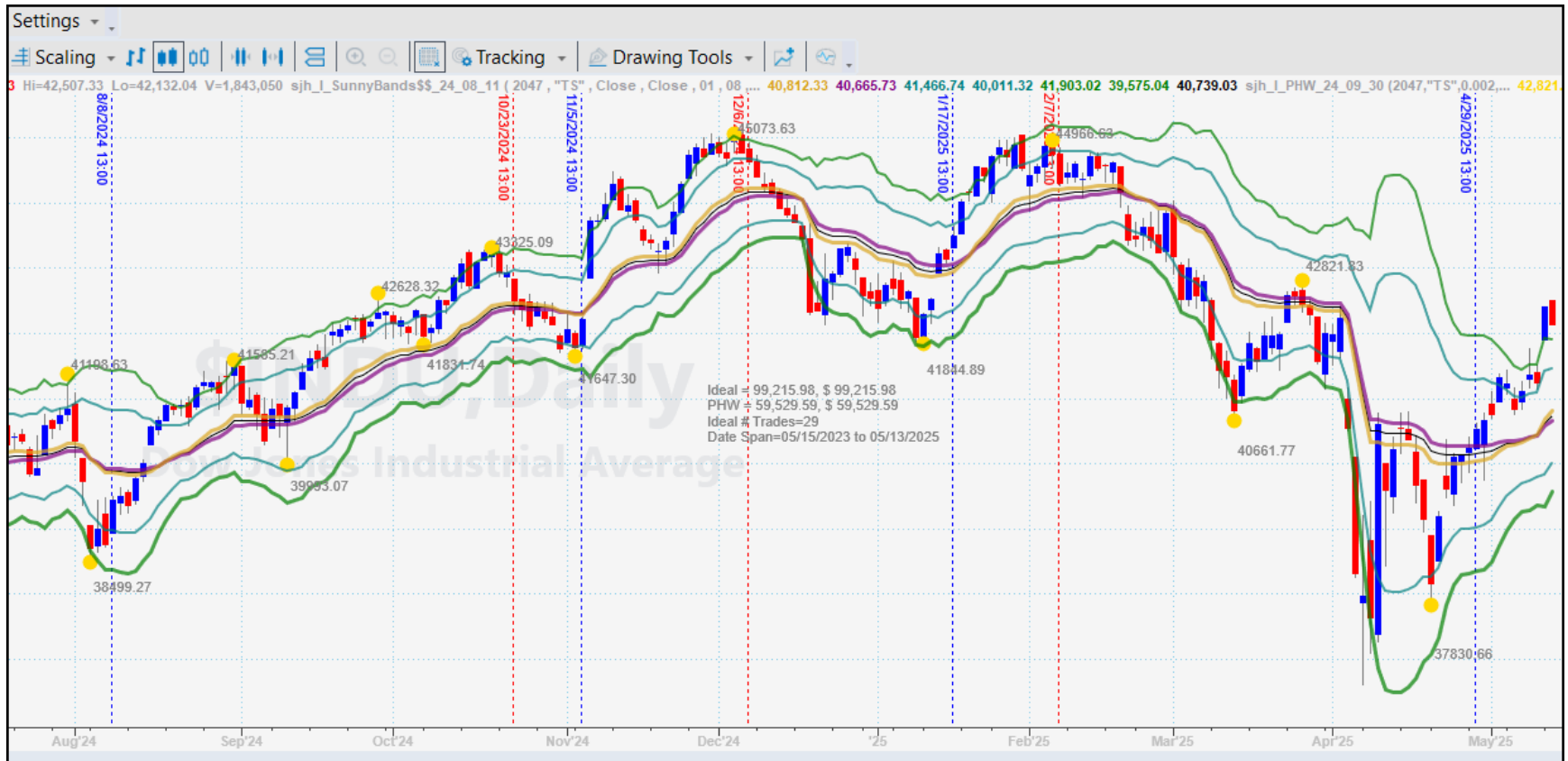
- If **Purple** is on top & Negative Slope:
 - Stay short until the DMA (**Purple**) is penetrated



PHW on SunnyBands



What Is True?



My Indicators...

- Work on **ANY** Symbol
- On **ANY** TimeFrame
- Yes, 5 min, yes 15 min, yes Daily etc
- Yes Crypto, yes Stocks, yes Futures

COMMODITY FUTURES

COMMODITY FUTURES

This liquidity ranking is produced by multiplying contract point value times the maximum conceivable price motion (based on the past three years' historical data) times the contract's open interest times a factor (usually 1 to 4) for low or



is determined by dividing the margin value (\$) by the three-year price range of contract dollar value, and then multiplying by one hundred.

STOCKS

Trading liquidity has a significant effect on the change in price of a security. Theoretically, trading *activity* can serve as a proxy for trading liquidity and equals the total volume for a given period expressed as a percentage of the total number of shares outstanding. This value can be thought of as the turnover rate of a firm's shares outstanding.

Trading Liquidity: Futures

Commodity Futures	Symbol	Exchange	% Margin	Effective % Margin	Contracts to Trade for Equal Dollar Profit	Relative Contract Liquidity
S&P 500 E-Mini (Jun '24)	ESM24	CME	5.1	16.4	3	>
10-Year T-Note (Jun '24)	ZNM24	CBOT	2.2	8.5	9	>>
5-Year T-Note (Jun '24)	ZFM24	CBOT	1.5	7.8	12	>>
Ultra T-Bond (Jun '24)	UDM24	CBOT	5.5	7.6	3	>
Ultra 10-Year T-Note (Jun '24)	TNM24	CBOT	2.8	7.5	6	>
30-Year T-Bond (Jun '24)	ZBM24	CBOT	3.8	8.1	5	>
2-Year T-Note (Jun '24)	ZTM24	CBOT	0.6	7.1	14	>
Nasdaq 100 E-Mini (Jun '24)	NQM24	CME	5.5	13.8	2	
Gold (Jun '24)	GCM24	COMEX	4.4	14.4	3	
Soybean Meal (Jul '24)	ZMN24	CBOT	1	1.9	2	
Russell 2000 E-Mini (Jun '24)	QRM24	CME	3.6	15.7	5	
Soybean (Jul '24)	ZSN24	CBOT	2.2	4.4	4	
Crude Oil WTI (Jun '24)	CLM24	NYMEX	8.3	14.4	5	
Natural Gas (Jun '24)	NGM24	NYMEX	15.3	3.7	3	
3-Month SOFR (Dec '24)	SQZ24	CME	0.1	2.7	20	
Corn (Jul '24)	ZCN24	CBOT	6.4	7.6	13	
Euro FX (Jun '24)	EGM24	CME	1.7	11.9	13	
ULSD NY Harbor (Jun '24)	HOM24	NYMEX	7.2	6.9	2	
Wheat (Jul '24)	ZWN24	CBOT	8.4	6.4	6	
Gasoline RBOB (Jun '24)	RBM24	NYMEX	7	11.7	4	
30-Day Fed Funds (Apr '24)	ZQJ24	CBOT	0.1	1.3	11	
Dow Futures Mini (Jun '24)	YMM24	CBOT	4.8	18.5	5	
Hard Red Wheat (Jul '24)	KEN24	KCBT	7.7	6.5	7	
High Grade Copper (Jul '24)	HGN24	COMEX	3.9	13.2	7	
Australian Dollar (Jun '24)	A6M24	CME	2.5	11.5	18	
British Pound (Jun '24)	B6M24	CME	2.7	16.2	19	

Let's Look at PHW (RadarScreen)

- Which symbol has the potential to make the most profit?
- Which one(s) should we trade?

Symbol	Interval	sjh_R_PHW_22.01.29				Last	Net Chg	Net %Chg
		BH	Ideal	PHW Total	#Trad			
@ES	5 Min	4,573.25	54,865.00	32,919.00	23	4,573.25	-3.25	-0.07%
@CL	5 Min	72.06	2,332.95	1,399.77	62	72.06	-0.98	-1.34%
@GC	5 Min	2,037.6	41,333.2	24,799.9	39	2,037.6	-4.6	-0.23%

And what do you think I trade?

- Of course, the one with the most profit!
- There's only one reason to trade:
- To Make Money!

If She Trades, Why Does She...

- ... sell indicators?
- ... do consulting?
- ... still trade after 44 years?
- I've been asked many times.
- ... to give back to the industry that has been so kind to me
- ... because I enjoy it every day
- ... because I still like making money

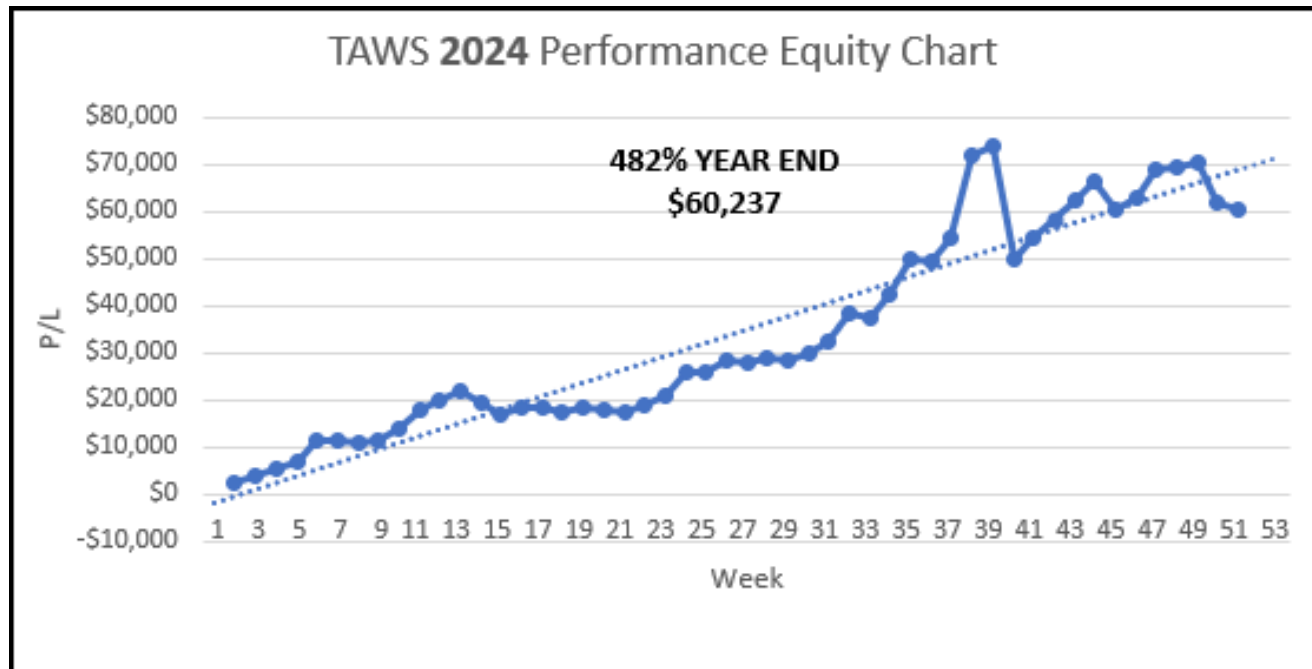
Speaking of Money...

- If you have a profitable series of trades
- It is possible, with strategic compounding, to greatly magnify the profits!
- That strategic compounding I call *Ultimate-F*
- It is reminiscent of Vince's optimal-f
- Without the enormous risk of drawdown

Here's My Performance

- On Jan 2, 2024 I started a Daily Live Trading Room: “[Trade Along with Sunny](#)”
- I trade* 5 contracts of S&P 500 (ES)
- We are together for 1 hour at 7:30am PT
- I trade with 2x margin
- Next are the results so far:

TAWS Daily Performance

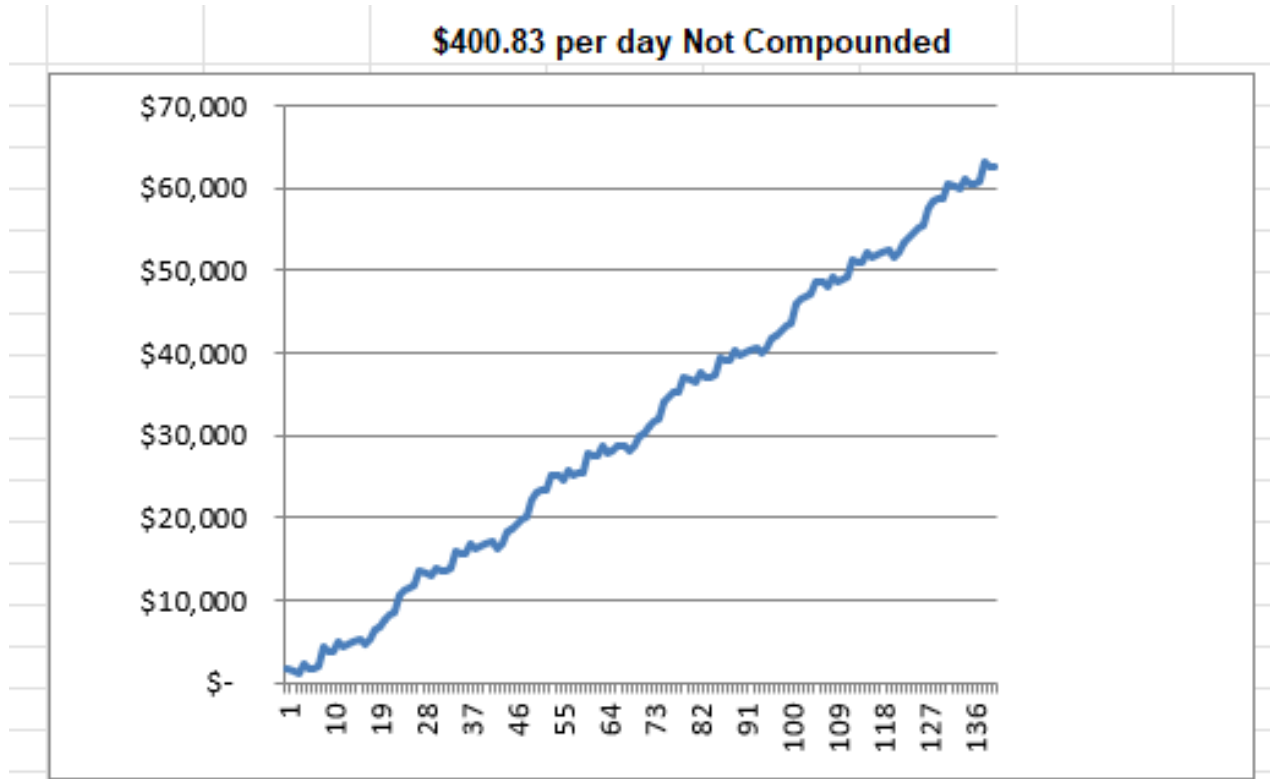


482% **UP** in 51 weeks

The Spreadsheet

	A	B	C	D	E	F	G	H
2								
3								
4		TRADE ALONG WITH SUNNY (DAILY)						
5		2024	Total>>		\$ 11,752.00			
6	Day	Date		Nbr Ctrs	Profit/Loss	Week Total	Equity Curve	
7	T	1/2/2024		5	\$ 1,753.00			
8	W	1/3/2024		5	\$ (220.00)			
9	H	1/4/2024		5	\$ (409.00)			
10	F	1/5/2024		5	\$ 1,140.00	\$ 2,264.00	\$ 2,264.00	
11	M	1/8/2024		5	\$ (548.00)			
12	T	1/9/2024		5	\$ 92.00			
13	W	1/10/2024		5	\$ 289.00			
14	H	1/11/2024		5	\$ 2,166.00			
15	F	1/12/2024		5	\$ (334.00)	\$ 1,665.00	\$ 3,929.00	
16	M	1/15/2024		5	holiday			
17	T	1/16/2024		5	\$ 1,153.00			
18	W	1/17/2024		5	\$ (611.00)			
19	H	1/18/2024		5	\$ 289.00			
20	F	1/19/2024		5	\$ 351.00	\$ 1,182.00	\$ 5,111.00	
21	M	1/22/2024		5	\$ 226.00			
22	T	1/23/2024		5	\$ (724.00)			
23	W	1/24/2024		5	\$ 589.00			
24	H	1/25/2024		5	\$ 1,241.00			
25	F	1/26/2024		5	\$ 404.00	\$ 1,736.00	\$ 6,847.00	
26	M	1/29/2024		5	\$ 702.00			
27	T	1/30/2024		5	\$ 547.00			
28	W	1/31/2024		5	\$ 315.00			
29	H	2/1/2024		5	\$ 2,154.00			
30	F	2/2/2024		5	\$ 735.00	\$ 4,453.00	\$ 11,300.00	
31	M	2/5/2024			\$ 354.00			
32	T	2/6/2024			\$ 98.00			
33	W	2/7/2024						
34	H	2/8/2024						
35	F	2/9/2024				\$ 452.00	\$ 11,752.00	

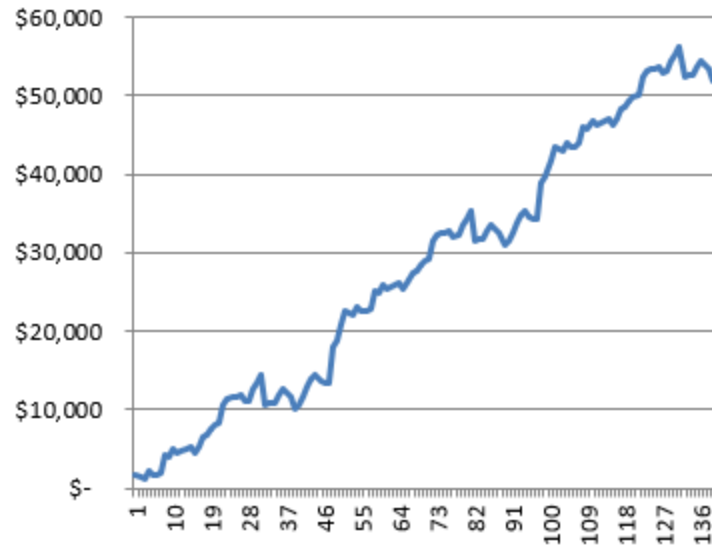
Can We Do Better than That?



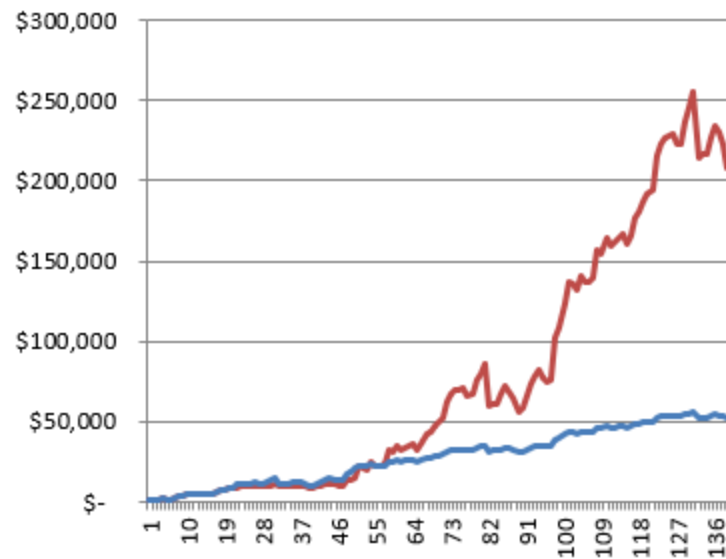
Ult

ing

\$400.83 per day Not Compounded



\$2,030 per day Compounded UltF



Judicious Compounding

- Ralph Vince told me there was an error(s) in his equations,
- And I found them—for which he was grateful
- He allowed me to call my version Ultimate-F
- And that's what degrees in Mathematics will do for you

Ultimate-F Spreadsheet

TRIAL ULT-F>> \$ 5,000					
\$ 51,811					\$ 208,405
TRADE P/L	EQUITY	# contracts for next trade	Ult-F trade P/L	Sunny's Ult-F Equity	
\$ 1,753.00	\$ 1,753	1	\$ 1,753	\$	1,753
\$ (220.00)	\$ 1,533	1	\$ (220)	\$	1,533
\$ (409.00)	\$ 1,124	1	\$ (409)	\$	1,124
\$ 1,140.00	\$ 2,264	1	\$ 1,140	\$	2,264
\$ (548.00)	\$ 1,716	1	\$ (548)	\$	1,716
\$ 92.00	\$ 1,808	1	\$ 92	\$	1,808
\$ 289.00	\$ 2,097	1	\$ 289	\$	2,097
\$ 2,166.00	\$ 4,263	1	\$ 2,166	\$	4,263
\$ (334.00)	\$ 3,929	1	\$ (334)	\$	3,929
\$ 1,153.00	\$ 5,082	1	\$ 1,153	\$	5,082
\$ (611.00)	\$ 4,471	1	\$ (611)	\$	4,471
\$ 289.00	\$ 4,760	1	\$ 289	\$	4,760
\$ 351.00	\$ 5,111	1	\$ 351	\$	5,111
\$ 226.00	\$ 5,337	1	\$ 226	\$	5,337
\$ (724.00)	\$ 4,613	1	\$ (724)	\$	4,613
\$ 589.00	\$ 5,202	1	\$ 589	\$	5,202
\$ 1,241.00	\$ 6,443	1	\$ 1,241	\$	6,443
\$ 404.00	\$ 6,847	1	\$ 404	\$	6,847
\$ 702.00	\$ 7,549	1	\$ 702	\$	7,549
\$ 547.00	\$ 8,096	1	\$ 547	\$	8,096
\$ 315.00	\$ 8,411	1	\$ 315	\$	8,411
\$ 2,154.00	\$ 10,565	2	\$ 862	\$	9,273
\$ 735.00	\$ 11,300	2	\$ 294	\$	9,567
\$ 354.00	\$ 11,654	2	\$ 142	\$	9,708
\$ 98.00	\$ 11,752	2	\$ 39	\$	9,747
\$ 178.00	\$ 11,930	2	\$ 71	\$	9,819
\$ (724.00)	\$ 11,206	2	\$ (290)	\$	9,529
\$ 56.00	\$ 11,262	2	\$ 22	\$	9,551
\$ 1,427.00	\$ 12,689	2	\$ 571	\$	10,122
\$ 764.00	\$ 13,453	2	\$ 306	\$	10,428
\$ 928.00	\$ 14,381	2	\$ 371	\$	10,799
\$ (3,712.00)	\$ 10,669	2	\$ (1,485)	\$	9,314
\$ 226.00	\$ 10,895	2	\$ 90	\$	9,405
	\$ 10,895	2	\$ -	\$	9,405

MoneyMentor.com



Education is NOT Expensive; Lack of Education IS!

Sunny@MoneyMentor.com | 760-908-3070 PT



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- **Free Podcast:** legends of this industry speak to us.
- **Sunny Side of the Street** weekly newsletter.
- **Photos** from the Free Lunch & Cocktail Party + [EasyLanguage Forum](#) in Santa Monica Sept 21-22, 2024. Be sure to be there next year!

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My Products

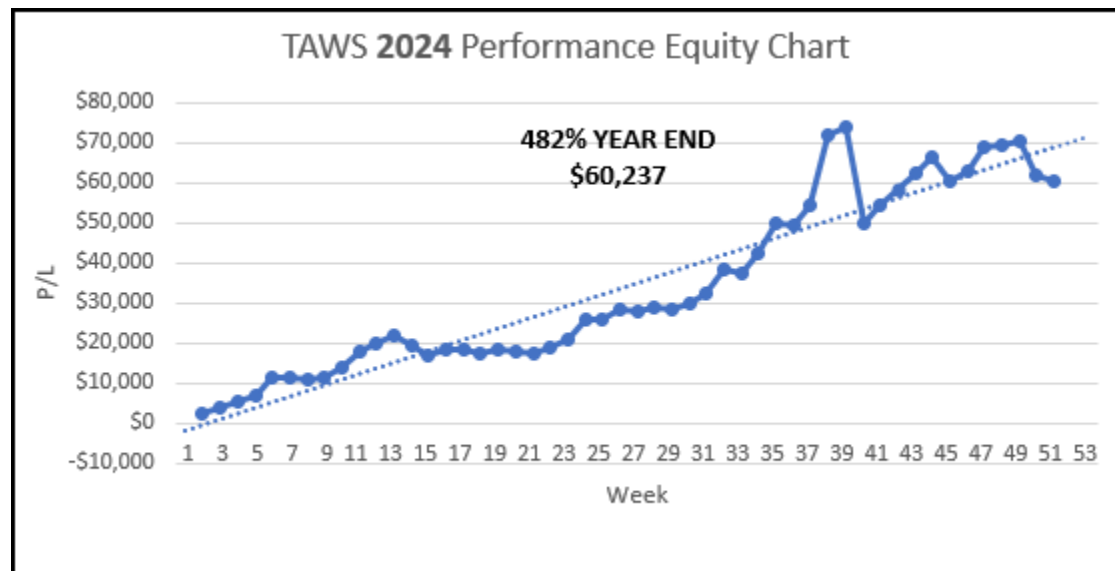
- The products I have programmed were all developed for my use in my own trading
- I make them available to you
- I show you exactly how I use them
- I don't hold anything back
- I train you to Use Them for FREE
- TEXT “**FREE TRIAL**” to me at 1-760-908-3070

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- Free entry to “Trade Along with Sunny”
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- Free Membership

Daily TAWS Performance

- 482% (\$60,237 year-end Profit 2024)
- 51 weeks for 1 hour every morning
- [Subscribe](#) for Daily attendance



Questions?

- Let's take time to query the attendees to see if I can answer any questions before my time is up
- There is no such thing as a stupid question
- If you have the question, so does someone else. Speak up.

Thank You!

- Audience, thanks for your Attendance
- **David & Timing Research** for hosting the event
- I enjoyed talking for you!
- I love to visit, so give me a call
- Here is my contact info:

Don't hesitate to call me

- Sunny J. Harris
- Skype: sunnyjharris
- Cell: **1-760-908-3070** (PT)
- Email: sunny@moneymentor.com
- <https://www.moneymentor.com>
- SLIDES:
<https://www.moneymentor.com/appearances.html>